Insecticide-treated Netting Materials for Malaria Vector Control: A Simplified Study Protocol for Assessing Residual Bio-efficacy, Community Perceptions, Practices and Durability of the Field-distributed Nets

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Abstract

Long-lasting insecticidal nets are being promoted as evidence-based intervention for malaria vector control globally. In keeping with increased procurement and supplies, it was mandated to monitor and evaluate field-distributed nets for residual bio-efficacy and physical integrity. Towards this objective, a simplified study protocol is proposed which can be conveniently employed to assess the current bio-efficacy to help programme officials making informed decisions for additional logistics enabling net replacement in due time.

Introduction

In the past decade, there has been substantial decline in reported cases and attributable deaths in the malaria-endemic countries1. Much can be attributed to rollout of two major interventions: (i) artemisinin-based combination therapies (ACTs) for treatment of malaria, (ii) long-lasting insecticidal nets (LLINs) and indoor residual spraying for vector control. Based on these core-interventions, India registered significant decline in cases and malaria-attributable deaths over the past few years and has embarked upon malaria elimination by universalization of evidence-based interventions, monitoring and evaluation, and strengthening healthcare services prioritizing high-risk areas2,3. In India, additional provisions are being made both at sub-national and national level for mass-scale distribution of LLINs each passing year. To help formulate policy for net procurement, supplies and replacement, a study was undertaken in high-risk districts of Assam, northeast India to ascertain the current residual bio-efficacy of the previously distributed LLINs, net durability, and community practices for benefit of programme managers4. An outcome of this study project resulted in development of protocol given below which can be practiced in different malaria endemic zones enabling sustained allocation of resources for continued attack on disease vector populations disrupting transmission.

Methods and Data Collection

This exercise should preferably be a cross-sectional study undertaken during months of high transmission and peak mosquito vector density at multiple locations in beneficiary population groups recipient of LLINs in coordination with local district/state health authorities.
Topography, climate and study populations

At the very outset, identify the high-risk pockets based on parasite incidence for the preceding three years in selected districts of the state and ensure logistic support for smooth conduct of investigations. Collect data on population census of the chosen sites, record of net distribution for month/year, type of LLIN (brand name, polyethylene or polyester fibre, denier strength, net dimensions, concentration of pyrethroid mg/m², manufacturing date etc.), and number of nets provided per household for each location. Briefly describe the geo-epidemiological conditions of study location giving climatic determinants, population census, housing pattern, and access to available healthcare services and control interventions in practice.

Mosquito vector abundance and insecticide susceptibility status

To begin with, systematic entomological surveys should be done in selected index villages reporting high case incidences to ascertain anopheline fauna and relative prevalence of known disease vector species, and present susceptibility status to residual insecticides. Mosquito adult collections should be made by active searches early morning hours (06:00-08:00 h) as well as evening hours (18:00-20:00 h) in different habitats (resting populations indoor human dwellings and outdoor shelters) in each study location by hand catch method aided by mosquito suction tube and battery torch light. These data should be collated for mosquito density for each prevalent species in respective habitats (Table 1).

These mosquito collections may be supplemented by CDC miniature light traps both indoors and outdoors as well as rearing larval collections till adult emergence. The field-collected vector mosquitoes should be subjected to insecticide susceptibility tests using WHO standard test kit procedures against diagnostic concentration of the residual insecticide in use for indoor spraying (if any) as well as pyrethroid that has been employed in distributed LLINs. Additional data may be generated for sporozoite infectivity and parity restricted to suspected/proven mosquito vector species. These data are crucial to determine impact on mosquito vector populations in relation to new intervention.

Monitoring residual bio-efficacy

Residual bio-efficacy should be assessed against each candidate mosquito vector species for which WHO standard cone-bioassay test procedures should be employed to determine persistence and bio-availability of insecticide on netting fibre. For this purpose, three LLINs (in use by the households) should be randomly drawn keeping one untreated net as control for comparative purposes. Field collected mosquito adult females of candidate vector species (s) should be exposed in WHO test bio-assay cones against net in hanging position for 03 (three) minutes for minimum of five replicates in batches of 10 mosquitoes for each test (10 x 5 = 50 adults). Number of mosquitoes knock-down after exposure period and dead post 24 h recovery period should be recorded (Table 2).

These data can be supplemented by ring-net bioassay test to substantiate residual bio-efficacies for which 11 mosquito adult females should be exposed in ring-net against net fibre and time required for knock-down of 1st, 6th, and 11th mosquito should be recorded for maximum

### Table 1. Relative abundance of anopheline mosquito species in study blocks /districts

<table>
<thead>
<tr>
<th>Anopheles (An.) mosquito species</th>
<th>Study location # 1</th>
<th>Study location # 2</th>
<th>Study location # 3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No. of mosquitoes collected in human dwellings indoors (person hour density)a</td>
<td>No. of mosquitoes collected in outdoor shelters (person hour density)</td>
<td>No. of mosquitoes collected in human dwellings indoors (person hour density)</td>
</tr>
<tr>
<td>No. &amp; (%) mosquitoes collected in outdoor shelters</td>
<td>No. &amp; (%) mosquitoes collected in human dwellings indoors (person hour density)</td>
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</tbody>
</table>

### Table 2. Residual bio-efficacies of field-distributed long-lasting insecticidal nets in use by householders expressed in terms of percent knockdown of mosquito species post 03 minutes exposure and mortality post 24 hours recovery period by contact cone-bioassay test method

<table>
<thead>
<tr>
<th>Type of LLIN</th>
<th>Manufacturing date (month of distribution)</th>
<th>Study location (Block/District)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Location # 1</td>
<td>Location # 2</td>
</tr>
<tr>
<td></td>
<td>No. &amp; (%) mosquitoes knockdown post 3 min exposure/ total exposed a</td>
<td>No. &amp; (%) mosquitoes knockdown post 3 min exposure/ total exposed a</td>
</tr>
<tr>
<td></td>
<td>No. &amp; (%) mosquitoes dead post 24h exposure/ total exposed a</td>
<td>No. &amp; (%) mosquitoes dead post 24h exposure/ total exposed a</td>
</tr>
</tbody>
</table>

a Study period
b Number of mosquitoes collected per person-hour
c Data based on exposure of 10 mosquitoes per cone-bioassay
d Mosquito mortality <80% denotes depletion of residual insecticide on fibre than optimum
exposure of 1 h. Time taken for knock-down of 6th mosquito is regarded as the median knock-down time (Table 3).

Community perceptions, practices and net durability

Public perceptions should be ascertained by structured pre-tested (intuitionally approved) study protocol by verbal autopsy subject to informed consent of the adult householder for perceived benefits and adverse events (if any), net usage pattern by family members (all or only mother/children sleeping under nets throughout year/seasonal), methods and frequency of net washing (monthly, quarterly, six-monthly by soap water or any other method), and net ownership in position/attrition rate (number still in possession of those initially distributed). For cross-sectional survey, ~25% of the target population should be visited and nets inspected physically for being torn, number of holes and stitches, existing condition of net etc. The holes present should be quantified and categorized by size for being small (0.5 - <2 cm), medium (2-10 cm), and large (>10 cm), and position in lower half, upper half or roof top (Table 4). For estimation of net durability, data on proportionate hole index (pHI), available residual insecticide on netting fibre and feeding inhibition would be of added value to determine net serviceable life.

Discussion

Vector control is an integral component of malaria control and elimination strategy for which entomological surveillance, monitoring insecticide resistance and vector behaviour are all essential for timely response to contain vector populations. LLINs are proven key-intervention for vector control and recommended worldwide for 'universal coverage'. The community acceptance of LLINs and responses have been overwhelming generating additional demands owing to perceived benefits for decreased mosquito nuisance and protection from malaria. However, the coverage of population at risk remains inadequate for lack of resources particularly in resource-poor settings. As per WHOPES criteria, the net serviceable life for maintaining optimum residual bio-efficacy (mosquito mortality ≥80%) and integrity should be minimum of 03 (three) years of continuous use by the communities. However, investigations in different geo-epidemiological conditions revealed that residual bio-efficacy varied from 2 to <3 years at best warranting replacement thereafter. While, it is considered important to scale up distribution of LLINs, it is just as crucial to monitor the bio-efficacy and serviceable life of previously distributed nets to ensure continuous protection by replacing those worn-out by
fresh supply. There should be policy in practice to warrant such investigations for net procurement, community compliance and timely replacement to support national control programme averting return of malaria in malaria-free territories. World Health Organization (WHO) aims to reduce malaria morbidity and mortality by 90% globally by 2030 compared to 2015\(^5\). Yet the progress towards elimination seems to have stalled with reported rise in cases in 2016 by 05 (five) million over the previous year raising alarm for appropriate actions to maintain declining trends to end transmission. It is strongly advocated to maintain vigil against emerging insecticide resistance and address the challenges of outdoor transmission by increased investments in newer tools for sustained control efforts\(^9\).

**Conclusion**

Monitoring residual bio-efficacy of LLINs should be in-built activity of the National Malaria Control Programme making provisions for net replacement providing uninterrupted protection in place and time.

**References**